



When you do
something noble
and beautiful and
nobody noticed,
do not be sad.

For the sun every
morning is a
beautiful spectacle
and yet most of
the audience
still sleeps.

john lennon

notes from sherri

Hello amazing singers! I hope you are enjoying the warmth and thunder of summer, or singing praises to the gods of air conditioning. We are lucky to have both, eh?

A caring shout-out to everyone in healing mode right now; may the sun light your journey to wholeness. Also wishing everyone travelling safe, splendid, and delicious times! And to all who are working, gardening, summer-festing, or just trying to stay cool, I hope you are gifting yourself some indulgences... because you are so worth it!

While the protest singing didn't happen on the 19th, we'll be putting our hearts & heads together to better prepare for these and other chances to sing for change.



Erin Collins - July 31
Rhonda Robinson - Aug 6
Sharon McKee - Aug 12
Sue Bogue - Aug 18
Rebekah Guillote - Aug 26

PLEASE KEEP SINGING!

It's the BEST thing you can do for yourself... wherever you are. **Your vocal cords are MUSCLES** and if you aren't singing regularly, you can lose range, tone, pitch center, and strength. On the positive, it reduces stress, improves lung capacity, boosts your mood, and is actually considered an aerobic exercise!

Peggy emailed us a reminder of a great song we could sing at future gatherings (ie. protests). Please check this and last issue's song, "Be the Light" (which we WILL be singing on our December concert). This is another of Lea Morris' songs, "Make Good Trouble".

<https://www.youtube.com/watch?v=9nGomUt8gLQ>

SNEAK PEEK: December Concert Music Has Been Chosen!

And, thanks to Shawna, already ordered! The theme for our December concert will be "Be the Light", and will feature some seriously gorgeous music with messages of light, hope, and dreams... along with other "light" (as in yogurt) fun. Here's one of the pieces we'll be singing - the "Feminist Holiday Songbook": <https://www.youtube.com/watch?v=kEIGN5NSHmc>



The 30th Anniversary concert was an incredible testament to the power and beauty of singing together and the B&R mission. Let's get the word out and invite more singers to join. **Please bring a singer-friend to the first or second rehearsal!** Spread the word about our chorus and our mission to any who might be willing to support in other ways, too.