



notes from sherri

What does “We Sing Each Other Strong” look like? It happens in a hundred quiet and powerful ways—when a hesitant voice finds courage inside a chord, when breath aligns and suddenly no one is alone in the sound. We carry each other through the hard entrances and the tender phrases as much as we carry each other through difficult times and the unknown. And beyond singing—in the ways we listen, show up, speak out, and refuse to let another be marginalized.

It’s the songs we choose and how they matter. They hold stories, resistance, grief, and joy—and every individual voice deepens their meaning. No one voice can carry the message alone, but together we amplify it until it resonates beyond us. A single line becomes a chorus; a chorus becomes a force. In that shared sound, we don’t just perform—we connect, we witness, we are heard.

History reminds us that this kind of singing is not small. The Singing Revolution that helped unite the Baltic nations showed what can happen when people gather their voices and refuse silence. At a time when the world can feel like it’s tilting toward fear and destruction, we choose something else. We choose to sing—together, out loud, and for each other—because we are done being silenced. And it is last Saturday, singing double forte: I will not hate and I will not fear... In our darkest hour, hope lingers here.



Sunday - April 5

No early rehearsal.

Rehearsal plan change:
I’d like to swap out “Still I Rise” in place of “Do You Hear the People Sing” in this Sunday’s rehearsal.

The rest of the schedule is as planned.

CHORALOGRAPHY: Bring your suggestions to rehearsal.

INVITE young people to join us for “Dance” - the choreography link is on the member’s page.

Likewise, any members that would like to do the choreography for part 2 or 3, please let me know.

MEMORIZING MUSIC..... don’t panic!

REMINDER: We WILL be memorizing “Dance”.

SSN Singers - Let’s memorize “Caffeine Polka” (everyone else - this would be great, too, and really add to our ability to add choralography!)

TIPS TO MEMORIZING MUSIC

- **Active Recall:** Actively try to sing without the music, even if you make mistakes. Struggling to recall strengthens memory more than passive review.
- **Chunking:** Focus on small sections, such as a single phrase, until it is secure before moving on.
- **The “Rule of Three”:** Work on a passage until you can sing it perfectly from memory three times in a row.
- **Spaced Repetition:** Practice phrases, take short breaks, and return to them later to allow the brain to consolidate the information.
- **Multitasking Repetition:** Listen to the song track while you do other tasks and sing along!

You’ll often surprise yourself with how little you really need the music as we near our concert date. Try it!